



Primary Steps in PE



Unit: Games

Learning Outcomes



Primary Steps in PE

Receiving		
AP 1	F2	Stop a moving ball
AP 2	Y1	Stop a moving ball in a variety of ways
	Y2	Move to stop a moving ball consistently
AP 3	Y3	Take control of a bouncing and rolling ball
	Y4	Select appropriate technique to take control of a ball
AP 4	Y5	Fluently link receiving and sending
	Y6	Adapt receiving techniques to different situations

Throwing		
AP 1	F2	Demonstrate the difference between a roll and a throw
AP 2	Y1	Demonstrate good technique when rolling and underarm throwing
	Y2	Show accuracy when rolling and underarm throwing
AP 3	Y3	Demonstrate accuracy in underarm and overarm throw
	Y4	Select appropriate throw and use effective technique
AP 4	Y5	Combine accurate throwing and fielding skills
	Y6	Fluently combine accurate throwing and fielding skills

Coordination		
AP 1	F2	Demonstrate control when moving parts of the body- fine and gross motor control
AP 2	Y1	Perform movements to react to a stimulus (ball coming towards, noise, command)
	Y2	Demonstrate improved reactions when reacting to stimulus
AP 3	Y3	Apply coordination in game situations
	Y4	Apply coordination using multiple parts of the body at the same time.
AP 4	Y5	Demonstrate effective reactions and coordination in a range of activities
	Y6	Apply high levels of coordination and combine actions to effectively perform skills

Striking		
AP 1	F2	Strike a static object with some control
AP 2	Y1	Strike a static, rolling and bouncing ball
	Y2	Strike a static, rolling and bouncing ball with control and accuracy.
AP 3	Y3	Strike a ball using a variety of techniques
	Y4	Combine power and control when striking
AP 4	Y5	Show power and accuracy when striking a static, rolling, bouncing and no bounce (volley) ball
	Y6	Select appropriate shot in a given situation

Catching		
AP 1	F2	Recall and attempt basic catching technique
AP 2	Y1	Demonstrate effective catching technique
	Y2	Move to catch an object
AP 3	Y3	Use effective catching technique to catch a variety of sized balls
	Y4	Use good technique when catching with left hand, right hand and two hands
AP 4	Y5	Develop reactions to catch instinctively with left hand, right hand and two hands
	Y6	Fluently link catching and throwing

Dribbling		
AP 1	F2	Dribble an object along the floor
AP 2	Y1	Maintain control when dribbling a ball
	Y2	Change direction effectively whilst dribbling
AP 3	Y3	Demonstrate effective dribbling technique
	Y4	Show agility and control when dribbling
AP 4	Y5	Understand the role of dribbling in games
	Y6	Identify and react to dribbling opportunities

Passing		
AP 1	F2	Understand the concept of a pass
AP 2	Y1	Pass a variety of objects in a variety of ways
	Y2	Pass effectively in a variety of ways
AP 3	Y3	Demonstrate effective passing technique
	Y4	Demonstrate effective passing technique under pressure
AP 4	Y5	Know when to pass to a teammate and when to pass into space
	Y6	Show fluency and accuracy when passing (1 touch, passing after pivot etc)

Gameplay and Tactics		
AP 1	F2	Follow the rules of the game
AP 2	Y1	Apply multiple skills to a game
	Y2	Show awareness of teammates in a game
AP 3	Y3	Show good understanding of gameplay and rules
	Y4	Adapt to stimuli in a game (time, defence, score etc)
AP 4	Y5	Demonstrate knowledge of different tactics (eg. Throwing to 5 th base, setting field for a left hand batter etc)
	Y6	Evaluate and reflect on a team's tactics and performance

Shooting		
AP 1	F2	Know the difference between a pass and a shot
AP 2	Y1	Understand shooting as a method of scoring in a game
	Y2	Know what shooting means in different games.
AP 3	Y3	Shoot with accuracy
	Y4	Shoot with accuracy and power
AP 4	Y5	Identify opportunities to shoot and execute a shot effectively
	Y6	Shoot in a variety of ways

Leadership		
AP 1	F2	Share equipment and introduce friend to a game or task
AP 2	Y1	Show awareness of the emotions of others in a group and react
	Y2	Demonstrate decision making in a team
AP 3	Y3	Demonstrate effective communication skills
	Y4	Show leadership qualities to support and encourage
AP 4	Y5	Maintain individual awareness of fair play and promote within a team
	Y6	Give effective feedback to individuals in your team and to your whole team

Attack and Defence		
AP 1	F2	Know there are different roles in games
AP 2	Y1	Know the difference between attack and defence
	Y2	Use basic attacking and defending skills (evasion, shadowing, goalkeeping, spatial awareness)
AP 3	Y3	Quickly recognise and move into space when appropriate. Understand concept of marking
	Y4	Develop game reading and interception skills
AP 4	Y5	Demonstrate different forms of attack and defence
	Y6	Develop own methods of attack and defence and coordinate with others