



Unit: Dance

Learning Outcomes



Primary Steps in PE

Responding to Stimuli		
AP1	F2	Move freely to music Show awareness of changes in environment (light/dark, music, space)
AP2	Y1	Respond appropriately to stimuli
	Y2	Respond appropriately and creatively to stimuli
AP3	Y3	Translate stimuli to repeatable dance moves or phrases
	Y4	Show awareness of expression and movement to convey meaning.
AP4	Y5	Use dance for different purposes. Understand cultural relevance of dance
	Y6	Use imagination and originality to react to a variety of different stimulus

Movement		
AP1	F2	Move at different speeds and directions Isolate and move all parts of your body- some at the same time
AP2	Y1	Move using a range of movements at different speeds and directions with music
	Y2	Show creativity and originality in movements
AP3	Y3	Perform movements with control, precision and expression
	Y4	Use high quality movements to perform and move
M4	Y5	Use a variety of appropriate movements in a variety of contexts
	Y6	Show originality and creativity in movements

Sequencing and Performance		
AP1	F2	Perform a short sequence
AP2	Y1	Perform sequence in time with others with precision and fluency
	Y2	Perform sequence in time with others with control and expression
AP3	Y3	Perform an extended sequence using change of level, speed and direction
	Y4	Perform an extended sequence with control, energy and flair
AP4	Y5	Perform a sequence to convey a meaning or story
	Y6	Perform a routine with high levels of fluency, expression and flair

Evaluation		
AP1	F2	Identify what you like about a performance.
AP2	Y1	Identify areas of strength and development in own group and other groups
	Y2	Give specific feedback to improve a performance
AP3	Y3	Communicate feedback effectively within your own group
	Y4	Communicate feedback effectively within your own group and others group
AP4	Y5	Adapt work and make changes quickly and effectively based on self evaluation
	Y6	Effectively communicate areas of improvement and suggest practical solutions Respond effectively and appropriately to feedback



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